

Eight ways to get involved

1 in 8 children experience sexual abuse, often in their own home. Awareness has to come before action.

Eight ways to put that number in front of more people and turn what they learn into real support for children. Choose one, or work your way through all eight.

01

Donate \$8 (8 in Every St8)

Give \$8 a month. Our goal is to activate donors in all 50 states. Be part of the change for about the price of a coffee.

02

1 in 8 tag challenge

Hold up our "1 in 8" sign, printed or handwritten, snap a photo and share it. Tag @kidsaliveint and 8 friends. Every share helps break a silence no child should carry alone.

03

Activ8 Challenge

Do anything with an 8: walk 8,000 steps, 8 push-ups, an 8 drawn in the sand. Post it, tag 8 friends, and turn a simple act into a stand for the 1 in 8.

04

8 on the 8th

Post the "8" graphic at 8am or 8pm on August 8th, 18th, and 28th. Download it from the campaign page and help spread the message.

05

Tell 8 people

The simplest thing you can do: tell 8 people that 1 in 8 children experience sexual abuse, often in their own home. Start the conversation.

06

Learn about the number

Go beyond the statistic. See what 1 in 8 really means, how Kids Alive walks with survivors toward healing, and why restoration is possible for every child.

07

Random act of kindness x8

Do 8 small kindnesses this month – nothing grand required. Every child deserved someone who showed up. Today, you can be that someone.

08

Give someone 8 minutes

Give someone 8 minutes of your full attention. Listen without distraction. Have the hard conversation. Sometimes being fully present for one person is where healing quietly begins.

**Give so the work can continue. Share so more people hear the number.
Stay so support does not end when August does.**

Trauma to Triumph is not an emergency service. If you are in immediate danger, contact your local emergency number or a crisis line listed in the Resource Hub.